



EVERY BABY DESERVES A HEALTHY START

www.HealthyStartFlorida.com

Cathy Timuta, Chief Executive Officer



FLORIDA ASSOCIATION OF HEALTHY START COALITIONS

The Florida Association of Healthy Start Coalitions develops and supports local systems of care to optimize the health of moms, babies and families. The Association is made up of 32 individual coalitions from across the state.

Collectively, we:

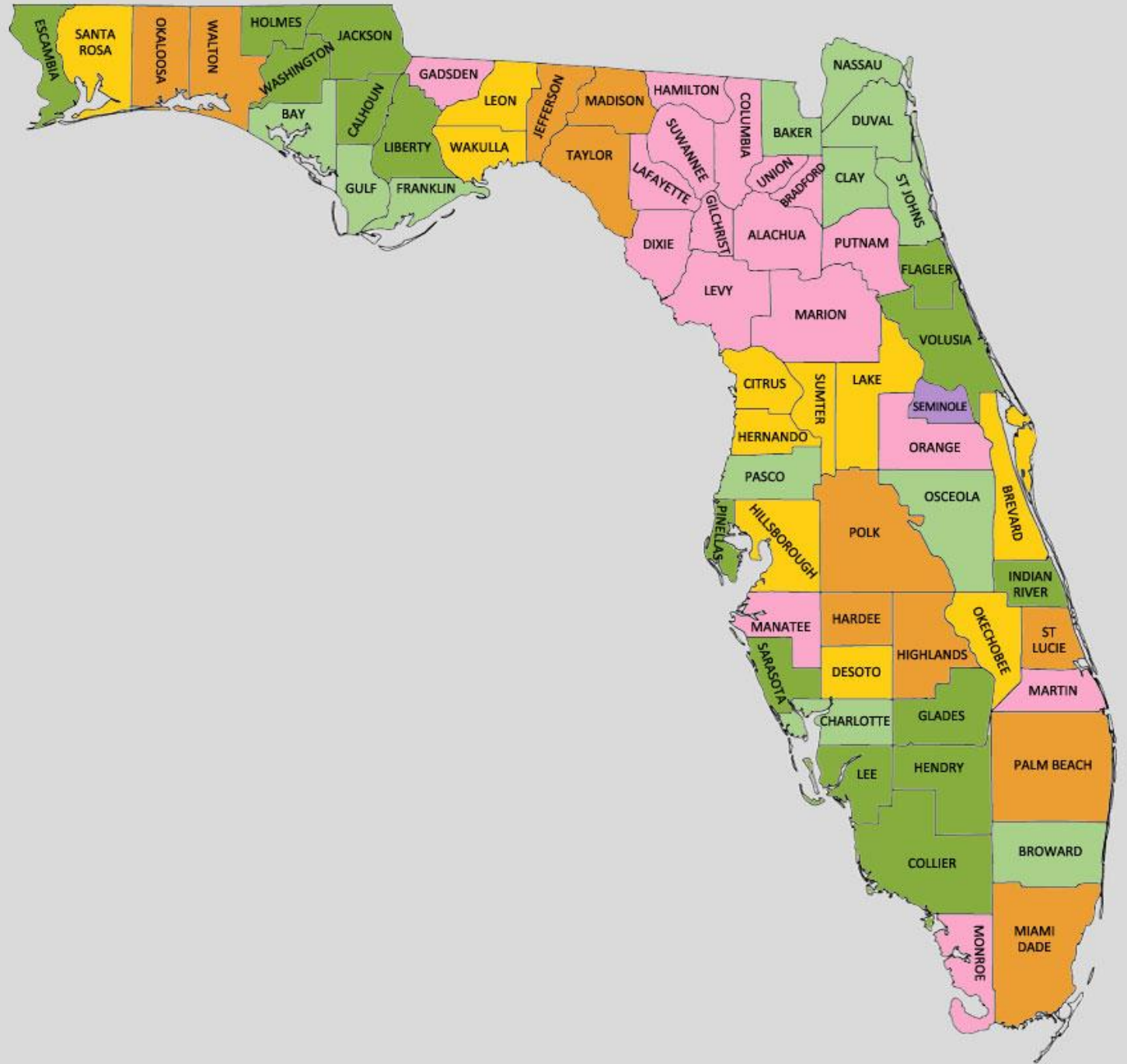
- **Mobilize** public and private partners on our common mission
- **Leverage** millions of dollars to improve programs and services for families
- **Align efforts** with the Florida legislature to keep them informed of the needs of its residents and the importance of our mission
- **Serve as a resource** for national maternal and child health initiatives for dissemination to our thousands of partners
- **Conduct assessments** of best practices and trends to **transfer knowledge** among our members and our constituents



32 Healthy Start Coalitions

Administer \$65 million from DOH and AHCA to support local maternal and child health systems of care.

Served more than 200,000 pregnant women, infants, and their families last year.



Universal Prenatal and Infant Risk Screening

Voluntary, research based, brief questionnaire proven to identify pregnant women and infants at risk for poor birth outcomes.

- Florida Department of Health form
- First opportunity to identify families at-risk for poor outcomes.
- Last year, 144,952 pregnant women and 208,016 infants were screened.



Programs

- HEALTHY START
- MIECHV
- DCF CAPTA
- MOVING BEYOND DEPRESSION
- DOH NFP
- EARLY CHILDHOOD
COMPREHENSIVE SYSTEMS
(ECCS)





Healthy Start

HOME VISITING / FACE TO FACE SERVICES

- **RELATIONSHIP-BASED EDUCATION AND SUPPORT**
- Evidence based interventions:
 - Perinatal depression
 - Substance abuse
 - Intimate partner violence
 - Health and social emotional development
- At least 5 home visits prenatally; 8 in infant's first year



MIECHV

- The purpose of the Florida MIECHV Initiative is to support the delivery of high-quality, voluntary home visiting services to eligible families living in high-need communities.
- We currently fund 3 program models with a total of 15 contracts serving 27 counties.
- Program goals:
 - Improve maternal and child health
 - Prevent child abuse and neglect
 - Encourage positive parenting
 - Promote child development and school readiness



Programs Support for Perinatal Mental Health

- Primary caregivers and pregnant women are screened for depression with the Edinburgh Pre and Postnatal Depression Scale.
- Caregivers and pregnant women with a positive screen are expected to be referred for services.



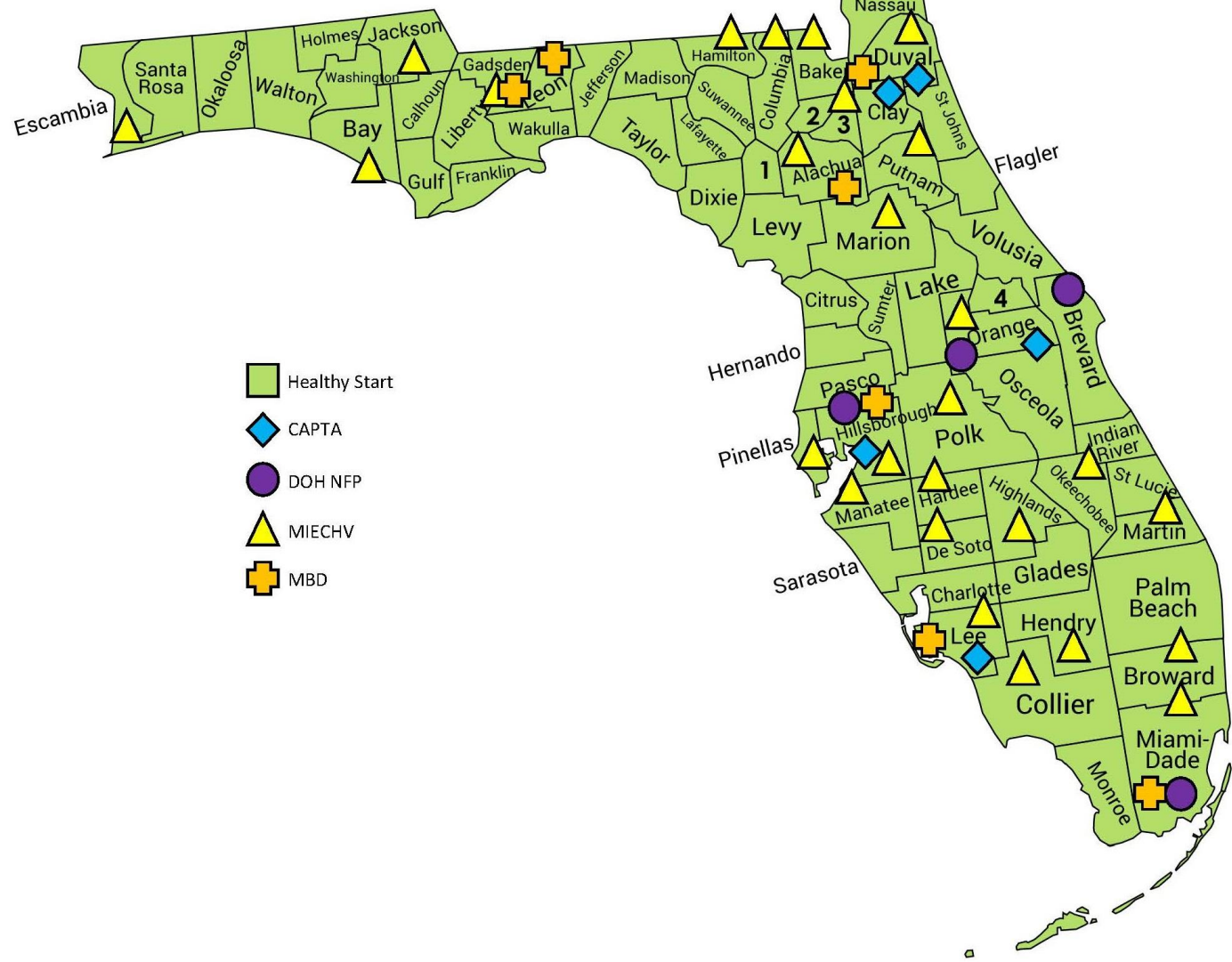
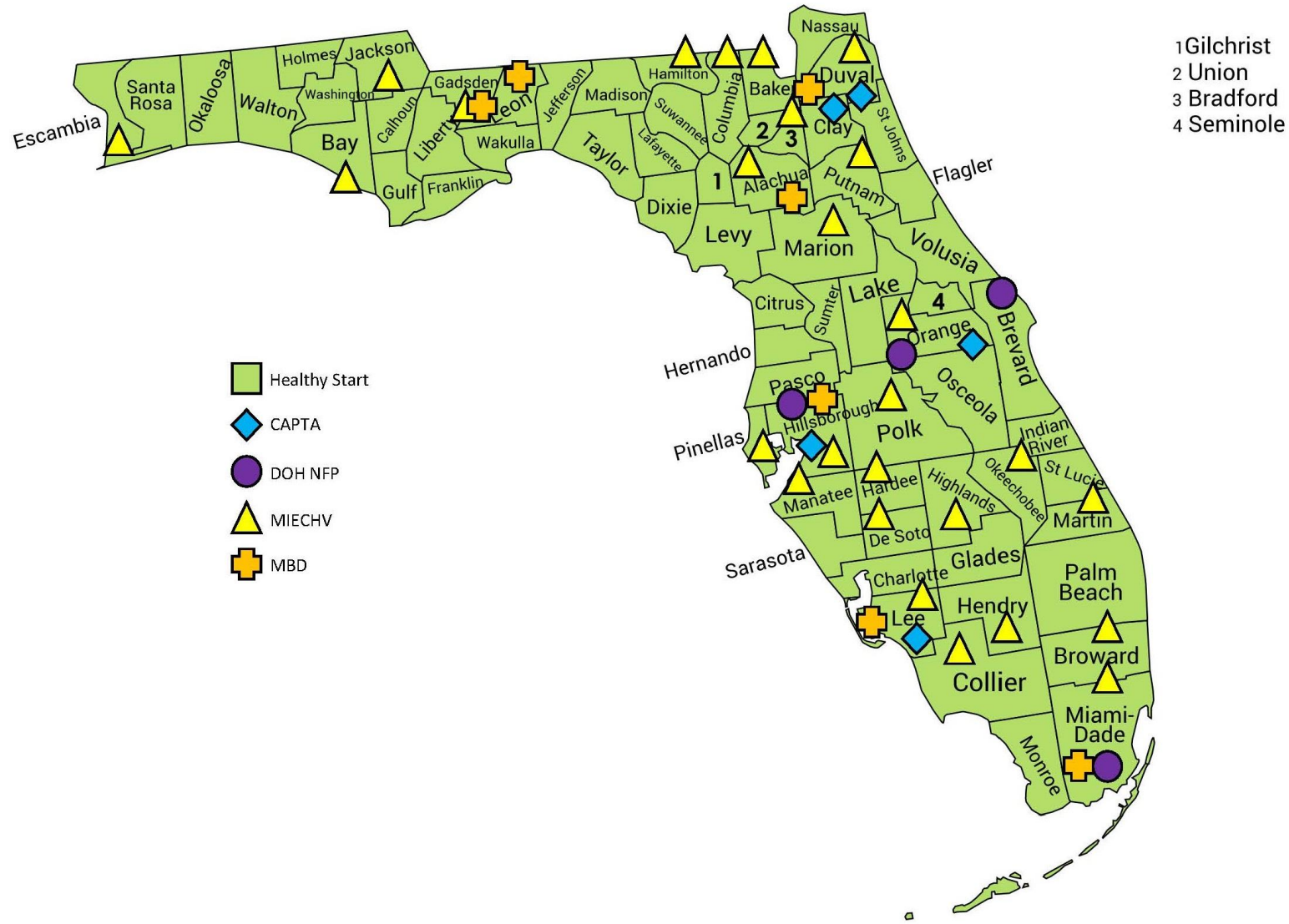
Programs Support for Perinatal Mental Health

- Programs are expected to have a MOU in place with at least one mental health provider and a local protocol with specific procedures in place for working with participants experiencing depression, particularly those at risk of harming themselves.
- All staff are trained in the Mothers & Babies curriculum as a preventative resource or supplement to counseling and/or medications.
- Each program model also has components for addressing mental health.



Other Programs Support for Perinatal Mental Health

- MOVING BEYOND DEPRESSION
- DCF CAPTA
- DOH NFP
- ECCS





QUESTIONS?



Florida Association of
Healthy Start
COALITIONS, INC.



**Thank you for your investment
in giving children a Healthy Start in life**

www.HealthyStartFlorida.com