



Florida Maternal Mental Health Collaborative Awareness Workgroup Presents:



Working Together to Improve Perinatal Mental Health Outcomes for:
PARENTS & FAMILIES

Prenatal & Postpartum Support

Healthy Start Coalitions

<https://www.healthystartflorida.com/>

Healthy Start Services in your area:

Coalition Map: <https://www.healthystartflorida.com/about-us/coalition-map/>

CONNECT: Coordinated Intake & Referral to community services

<https://connect.healthystartflorida.com/#connect>

Healthy Families Florida

Family support & coaching programs:

<http://www.healthyfamiliesfla.org/index.asp>

Women, Infants, & Children (WIC):

<https://www.floridahealth.gov/programs-and-services/wic/index.html>

Statewide Breastfeeding Resources

ZIP MILK Florida: <https://zipmilk.org/>

Florida Medicaid Coverage

Florida Department of Children and Families

Public Benefits and Services including Medicaid Redetermination:

<https://www.myflfamilies.com/services/public-assistance>

Florida Medicaid Postpartum Extension Resources & Information

<https://www.marchofdimes.org/florida-medicaid>

¿Tiene actualmente o ha tenido un embarazo cubierto por Medicaid? Para obtener más información, [haga clic aquí](#).

Èske ou genyen Medicaid pou gwosès oswa ou te genyen l se pa twò lontan? Pou plis enfòmasyon, klike la a. [apre gwosès ou](#).

FL Resources for Families

Childcare Resources

<https://childcare.gov/state-resources/florida/understanding-and-finding-child-care-resources>

Financial Assistance Resources

TANF: Temporary Assistance for Needy Families

<https://www.myflfamilies.com/services/public-assistance/temporary-cash-assistance>

SOAR: Access to SSI/SSDI

<https://soarworks.samhsa.gov/states/florida>

WIC: Women, Infants, Children

<https://www.floridahealth.gov/programs-and-services/wic/index.html>

Child Development & Early Learning Resources

Early Learning Coalition <https://www.fldoe.org/schools/early-learning/directory/>

Health & Social Services Resources

<https://childcare.gov/state-resources/florida/health-and-social-service-resources>

Florida Behavioral Health IMPACT

Statewide Maternal Mental Health Resource Directory

<https://flmomshealth.org/index.cfm?fuseaction=home.home>

Substance Use Treatment & Support

Your First Step National Treatment Center Directory:

<https://yourfirststep.org/find-local-treatment-centers/>

Substance Abuse & Mental Health Service Administration (SAMHSA)

For help finding treatment: 800-662-HELP (4357).

<https://findtreatment.gov/>

Shatterproof Treatment Atlas

<https://treatmentatlas.org/>

Hotlines & Crisis Support

Postpartum Support International (PSI) Helpline:

Call or text 1-800-944-4773 (4PPD)

National Maternal Mental Health Hotline (HRSA):

1-833-852-6262 (1-833-TLC-MAMA)

Treatment Assistance Hotline 24/7: (866) 634-5667

National Crisis Text Line: Text HOME to 741741
anytime

National Suicide Prevention Hotline:

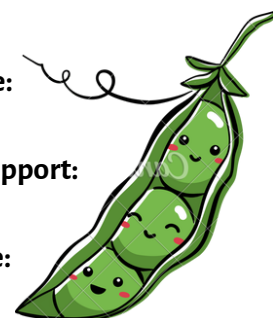
Call or text 9-8-8

Local Mental Health Resources & Talk Support:

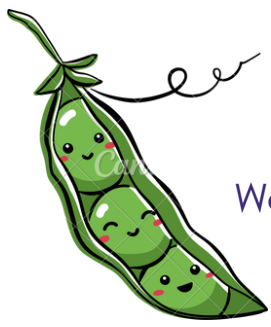
Call 2-1-1

National Domestic Violence Hotline:

1-800-799-7233



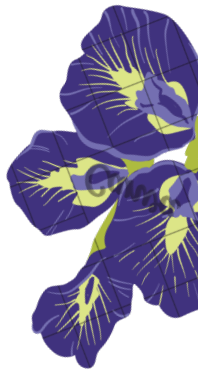
Updated:1/2025



Florida Maternal Mental Health Collaborative Awareness Workgroup Presents:

"P's" in a POD

Working Together to Improve Perinatal Mental Health Outcomes for:
PROVIDERS



Florida Medicaid Toolkits & Provider Assistance

Centers for Medicaid & Medicare Services

A Communications Toolkit:

<https://www.medicaid.gov/sites/default/files/2023-08/unwinding-comms-toolkit-508.pdf>

Medicaid.gov:

Medicaid Eligibility & Enrollment Toolkit

<https://www.medicaid.gov/medicaid/data-systems/medicaid-eligibility-enrollment-toolkit/index.html>

Florida Agency for Health Care Administration (AHCA)

Medicaid Provider Assistance:

<https://ahca.myflorida.com/medicaid/medicaid-policy-quality-and-operations/medicaid-operations/recipient-and-provider-assistance/provider-services>

The Protective Factors

Mental Health First Aid

<https://www.mentalhealthfirstaid.org/2022/01/how-protective-factors-can-promote-resilience/>

Strengthening Families

<https://cssp.org/resource/about-strengthening-families-and-the-protective-factors-framework/>

Professional Development: Certifications & Endorsements

FSU Professional Certification in Trauma & Resilience

<https://learningforlife.fsu.edu/professional-certification-trauma-and-resilience-level-one/>

<https://learningforlife.fsu.edu/professional-certification-trauma-and-resilience-level-two/>

Florida Certification Board

Certified Mental Health Professional:

<https://flcertificationboard.org/certifications/certified-mental-health-professional/>

Certified Behavioral Health Technician:

<https://flcertificationboard.org/certifications/certified-behavioral-health-technician/>

National Council for Mental Wellbeing

Mental Health First Aid Instructor:

<https://www.mentalhealthfirstaid.org/take-a-course/>

Practice Models & Quality Improvement

Multiplying Connections: Reflective Supervision as a Trauma Informed Practice

<https://www.multiplyingconnections.org/become-trauma-informed/what-reflective-supervision>

The Florida Perinatal Quality Collaborative (FPQC)

QI Initiatives: <https://health.usf.edu/publichealth/chiles/fpqc>

Florida Behavioral Health IMPACT

Psychiatric Access & Statewide Resources: <https://flbhimpact.org/>
1-833-951-0296

The JJ Way - A Patient Centered Model of Care

Commonsense Childbirth: <https://commonsensechildbirth.org/the-jj-way/>

Mental Health Resources for Patients

National Institute of Mental Health (NIMH):

Brochures and Fact Sheets

English: <https://www.nimh.nih.gov/health/publications>

Español: [https://www.nimh.nih.gov/get-involved/digital-shareables/espanol/recursos-para-compartir-sobre-la-salud-mental-en-espanol#info-esp?](https://www.nimh.nih.gov/get-involved/digital-shareables/espanol/recursos-para-compartir-sobre-la-salud-mental-en-espanol#info-esp?utm_campaign=HHM23&utm_medium=email&utm_source=govd)
[utm_campaign=HHM23&utm_medium=email&utm_source=govd](https://www.nimh.nih.gov/get-involved/digital-shareables/espanol/recursos-para-compartir-sobre-la-salud-mental-en-espanol#info-esp?utm_campaign=HHM23&utm_medium=email&utm_source=govd)

Florida Association of Healthy Start Coalitions

<https://www.healthystartflorida.com/>

Alliance for the Advancement of Infant Mental Health

Infant Mental Health Endorsements:

https://mi-aimh.org/wp-content/uploads/2021/12/Endorsement-is-Good-for-Babies-MI_FINAL.pdf

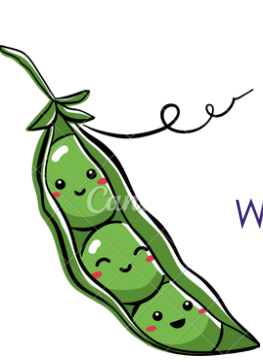
Postpartum Support International

Frontline Provider Trainings:

<https://www.postpartum.net/professionals/frontline-provider-trainings/>

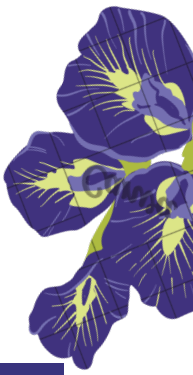
Certification in Perinatal Mental Health:

<https://www.postpartum.net/professionals/certification/>
Florida Association for Infant Mental Health Endorsement
<https://www.faimh.org/endorsement>



Florida Maternal Mental Health Collaborative Awareness Workgroup Presents: "P's" in a POD

Working Together to Improve Perinatal Mental Health Outcomes for:
POLICY MAKERS & ADVOCATES



Florida Medicaid Policy

Florida Health Justice Project

Advocating for Access to Health Care:

<https://www.floridahealthjustice.org/>

Medicaid Expansion: <https://www.floridahealthjustice.org/medicaid-expansion.html>

Medicaid Advocacy: <https://floridahealthjustice.org/medicaid-advocacy/>

Instagram Unwind Stories: <https://www.instagram.com/flhealthjustice/>

2024 Florida Bill Actions

Office of the Governor

Bill Actions: Live Healthy Legislation

<https://www.flgov.com/eog/news/press/2024/governor-ron-desantis-signs-live-healthy-legislation-package>

Florida Policy Center

<https://www.floridapolicy.org/posts/while-live-healthy-act-includes-some-important-reforms-lawmakers-have-yet-to-expand-medicaid>

Report Cards

March of Dimes

2024 Maternity Care Desert Report for Florida:

<https://www.marchofdimes.org/peristats/state-summaries/florida?lev=1&obj=3[®]=99&slev=4&sreg=12&stop=55&top=3>

Policy Center for Maternal Mental Health

State of Maternal Mental Health Report Card:

<https://policycentermmh.org/state-report-cards/>

CDC Breastfeeding Report Card

https://www.cdc.gov/breastfeeding-data/breastfeeding-report-card/?CDC_AAref_Val=https://www.cdc.gov/breastfeeding/data/reportcard.htm

State & Federal Policy

2024 Florida Statute Passed:

Telehealth Minority Maternity Care Program:

[http://www.leg.state.fl.us/statutes/index.cfm?](http://www.leg.state.fl.us/statutes/index.cfm?App_mode=Display_Statute&Search_String=&URL=0300-0399/0383/Sections/0383.2163.html)

[App_mode=Display_Statute&Search_String=&URL=0300-0399/0383/Sections/0383.2163.html](http://www.leg.state.fl.us/statutes/index.cfm?App_mode=Display_Statute&Search_String=&URL=0300-0399/0383/Sections/0383.2163.html)

March of Dimes

2025-2026 Policy Priorities:

https://www.marchofdimes.org/sites/default/files/2025-01/2025_2026_OGA_Policy_Priorities.pdf

Association of Maternal and Child Health Programs

<https://amchp.org/mch-bill-tracker/>

Policy/Advocacy Networks

The WIC Hub: Research, Policy, Practice

2024 State of WIC Report:

<https://thewichub.org/2024-state-of-wic-report-celebrating-50-years-of-impact/>

Non-profit educational arm and advocacy voice of WIC:

<https://www.nwica.org/advocacy>

Florida Hospital Association

State & National Advocacy for Hospitals: <https://www.fha.org/>

Coordinated Opioid Recovery (CORE) Network of Addiction Care

<https://www.flcorenetwork.com/>



**Florida Maternal Mental Health Collaborative
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“P’s” in a POD

Working Together to Improve Perinatal Mental Health Outcomes for:
REGIONAL & LOCAL PARTNERS

**FLORIDA MATERNAL MENTAL HEALTH
COLLABORATIVE**

The **Florida Maternal Mental Health Collaborative** brings together statewide partners to close the critical gaps in perinatal mental health education, policy, prevention, treatment, and outcomes for women and their families.

Goals:

- Raise awareness of perinatal mental health as an underserved issue and reduce stigma
- Expand access to evidence based treatments and improve care coordination and payment systems
- Educate health professionals to screen, treat and manage perinatal mental health
- Advocate for better maternal mental health and substance use outcomes
- Focus on vulnerable groups to provide culturally tailored, holistic support.

Workgroups:

We believe that by unifying our efforts, we can provide a better support system for those suffering from perinatal mood and anxiety disorders. Whether you are a healthcare professional, advocate, or someone who just cares about maternal mental health, you can make a difference by joining our workgroups. We offer a variety of opportunities for collaboration, education, and advocacy.

<https://www.flmomsmatter.org/workgroups>

REGIONAL

Better Beginnings™ Mother/Baby Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP)

- specialize in reproductive and perinatal mental health.
- two physical locations in Florida (Alachua and Orange Park); we also provide telehealth services for counseling and psychiatry throughout the state.
- Able to bill insurance (commercial insurances, Tricare and Medicaid) for the IOP level of care.
- Serve Moms, Dads/partners and provide couples and family therapy. The youngest age we serve for psychiatry and counseling is 12 years old.

<https://betterbeginningsfl.com/>

The Journey Institute, Inc.

is a highly diverse pediatric behavioral health community mental health group practice dedicated to supporting children and families in their unique journey to mitigate the impact of adverse childhood experiences (ACEs). Our goal is to provide individualized, comprehensive, culturally sensitive, and competent mental health care to the vulnerable early childhood population.

<https://www.thejourneyinstituteinc.com/>

COUNTIES

Capital Area Healthy Start Coalition

Offers many programs and services including home visiting programs, perinatal mental health counseling, crisis intervention, pregnancy education and support, parenting education and support, doula services, and fatherhood programs.

<https://capitalareahealthystart.org/>

Healthy Mothers, Healthy Babies Coalition of Palm Beach County

is a nonprofit organization improving birth outcomes through the compassionate and equitable delivery of early prenatal care, education, and support for all pregnant women across our communities.

<https://www.hmhbpbpc.org/>

[5 Year Strategic Plan](#)